

CONQUER THE CHAOS, BEAT PROCRASTINATION

DETOXING CLUTTER WITH FENG SHUI





WAYS TO DETOX CLUTTER WITH FENG SHUI

- Medicine and Vitamins
- Old magazines
- Receipts and Old documents
- Old bills
- Old, unused or broken electronics
- **Clothes**
- Magazines/Books
- Appliance manuals
- Notes, cards and other mementos
- Food
- ♠ Make-up/Jewelry



WHO IS AMANDA GATES?

Amanda is a professionally trained Interior Designer, Feng Shui Practitioner, podcaster and award-winning blogger. She has been seamlessly marrying interior design and Feng Shui for over seventeen years to help her high end clients create designs that are energy aligned, to give them the home and life they want.

Interested in learning more? Head on over to our website, *gatesinteriordesign.com* for additional free resources!

Front Cover Source: freshome.com

